

2024-2025 Season



OKLAHOMA

WELCOME

WELCOME



ODDP

Wednesday, 8/14 @ 7:30pm



OUR PURPOSE

To identify and provide opportunities for high potential players, facilitate their development, expose them to the next level of their chosen pathway and motivate their pursuit of excellence.

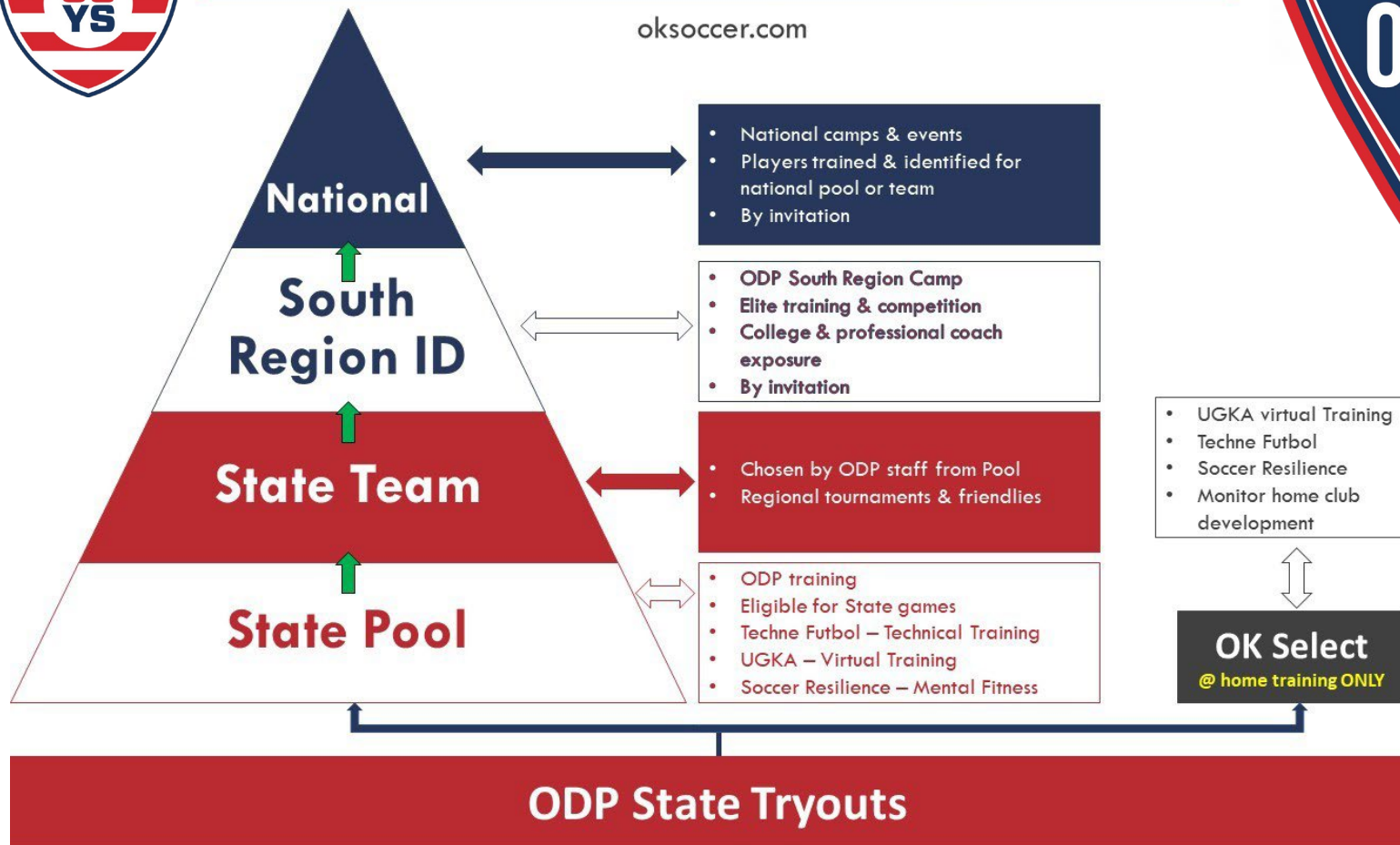


Oklahoma ODP Progression



Oklahoma ODP Player Progression

oksoccer.com



Steps & Stages of ODP



How we evaluate the ODP Players

1. Reads and analyzes the game, **makes autonomous decisions** (FREEDOM)
2. **Takes initiative, is proactive** (SELF-MOTIVATED)
3. **Focus on task** for 90 minutes (EFFORT)
4. Has **technical** and **physical** ability to execute tasks (SKILL)
5. **Take responsibility**, holds self accountable (TEACHABILITY)



WHAT IS ODP?

To identify and provide opportunities for high potential players, facilitate their development, expose them to the next level of their chosen pathway and motivate their pursuit of excellence.

REGIONAL SUMMER ID EVENTS

- 12U-17U age groups will be invited to Regional Summer ID events.
- Players receive benefits and opportunities, such as:
 - Regional Events
 - Domestic Competitions
 - High-Level Coaching Exposure
- After the events, region staff will name the top 18 players from within each age group to attend interregional events. Regional pools provide the opportunity for players to continue being monitored during the cycle as the players develop at different times and different rates.

INTERREGIONAL EVENTS

- Players invited to interregional events are scouted at their Regional Summer ID event and compete alongside top players from other regions. Region staff and ODP scouts evaluate players during these events for the possibility to attend a USYS National Select Team event.
- Players receive benefits and opportunities, such as:
 - Invitation to National Select Team Event
 - Opportunity for International Trip Invitation
 - 5-Day Regional Competition
 - Player Diversity
 - Exposure to U.S. Soccer Scouts
 - Evaluation by Region Staff
 - Exposure to College Coaches

HOW PLAYERS ARE SELECTED

- Using Holistic Sports Systems® to quantify player performance via the game's universal constants.

SCOUTING NETWORK

- Identify players with the potential to play for Regional or National Select Teams.
- 54 State Association Technical Directors build scouting networks within their states.
- State Association scouts are identified and serve as part of the overall ODP Scouting Network.
- Align with U.S. Soccer, MLS and the NWSL to assist in providing competitive environments for top players.
- Provide ongoing professional development for external and network scouts.

2024 ODP SUMMER ID EVENT LOCATIONS

OLYMPIC DEVELOPMENT PROGRAM PATHWAY

#NEXTLEVEL EXCELLENCE



Get Faster and Play longer

Start Strong Performance

HOW DO YOU WANT TO STAND OUT?

Do you want to be bigger, faster, stronger, and quicker than your opponents? Earn that college scholarship or starting position? Break records at your next combine? Shatter your own personal records? Come back from an injury stronger than you started? Your goals are our priority!

ARE YOUR GOALS ACHIEVABLE?
CLICK HERE NOW TO FIND OUT



STARK STRONG
EMPOWERING LIFELONG ATHLETES



“Colleges are evaluating both soccer skills and speed and athleticism. If my daughter can’t get to the through ball, it’ll be harder for her to find a spot.”



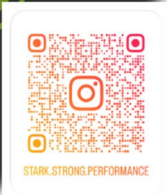
FREE SPEED PROGRAM

1. Scan QR code, click “Add To Cart”
2. Click “Checkout”
3. On the next page, fill out information and click “Purchase \$0”
4. Log in, go to “Your Courses”, and receive 7 weeks of unlimited access to the education and drills we learned while training pro athletes
5. Reach out to us on Instagram (below) for help



Purposeful drills to help your athlete improve technique, gain speed and prevent injury

Follow us on IG for Daily Tips



STARK STRONG PERFORMANCE

Vision

To Identify, Select and Empower players and their families



Mission

Develop participants into the best people and players they can be

**ADAM KENES, DIRECTOR OF
PLAYER & COACH DEVELOPMENT**



**“OKLAHOMA ODP’S GOAL
IS NOT SIMPLY TO MAKE A
BIG PROGRAM,**

**WE EXIST TO MAKE
A BIG DIFFERENCE.”**

Who we are

The Oklahoma ODP Coaching Staff is a blend of coaches from various levels of the beautiful game, including University/College, High School, Club and even the Professional ranks.

Coaches with Oklahoma ODP have Coaching Licenses, Certification, Diplomas and/or degrees from national and international licensing agencies such as U.S. Soccer Federation., MBP School of Coaches, United Soccer Coaches and/or UEFA.

They have cleared a Background check and completed the mandatory SafeSport requirements. All Oklahoma ODP Coaches have experience in identifying talents as well as teaching and developing players to become their best and to enhance opportunities for success at the next levels.

Core Values

1. Player Centered
2. Club, Parents, Player Collaborative
3. Holistic approach to development
4. Character Based
5. Inclusion & Diversity w/ Staff & Players



What's included in the Oklahoma ODP?



MORE EVENTS – MORE TRAINING – MORE GAMES – MORE ODP

- Onsite Speed development & Injury prevention expert only seen at the pro-level
- Multiple identification-training sessions and games.
- Players receive Pro **Techne Futbol**
- Eligible to be “called-up” to represent Oklahoma in competitions & Showcases.
- Speed & Injury Prevention 7 weeks course by **Stark Strong Performance**.
- Certified **Athletic Trainers** on sight
- Custom Tryout Jersey
- Eligible to travel to Barcelona, Spain (*Spring Break 2025*)
- IDP’s (Individual Player Development Plan)
- Virtual Goalkeeper training via United Goalkeeping Alliance
- Tactical sessions by ODP & MBP Coaches





Barcelona



WE ARE HEADED TO
BARCELONA,
SPAIN



Save The Date:
March 14th - March 22nd, 2025





SOCCER RESILIENCE



WHO WE ARE!

Our mission is simple – we transform performance from the inside out.

We believe success on and off the pitch goes beyond physical ability. It's about learning how to think better to perform better.

WHY SOCCER RESILIENCE!

It's not just theory. It's about tapping into the living, breathing experience of pros who have navigated the journey from excelling in both youth and college sports to rising above the top 1%!



TECHNE FUTBOL™

THE SOCCER TRAINING APP *DESIGNED BY PROS*

For the [motivated](#) player looking to improve on their own



Techne PRO \$37.99/month or \$279.99/year

*THE COMPLETE
GUIDE TO TRAINING
ON YOUR OWN*

How are we doing in Oklahoma ODP?



TECHNE FUTBOL™



TECHNE FUTBOL™



UNITED GOALKEEPING ALLIANCE



Virtual Educational Platform for Goalkeepers



The United Goalkeeping Alliance proudly supports Goalkeepers around the world through every stage of their development. Our virtual education platform was created to enhance Goalkeepers growth on and off the pitch!

Is ODP still a relevant identification platform?

Tim Howard's journey with the Olympic Development Program

NBC Sports analyst and former USMNT goalie shares his pride in watching his daughter, Alivia, pursuing her own dreams thanks to the Olympic Development Program. [Click Here to watch full video](#)



	SEASONS	MATCHES	SAVES	SAVE%	MATCHES	SEASONS
UEFA	6	23	90	75%	65	9
						USMNT

Who participates in ODP?

- ❑ Nearly *100,000* players participate in ODP every year in the USA & Europe.
- ❑ Inspired players that want to take their game to the next level through the development and identification opportunities offered by ODP.

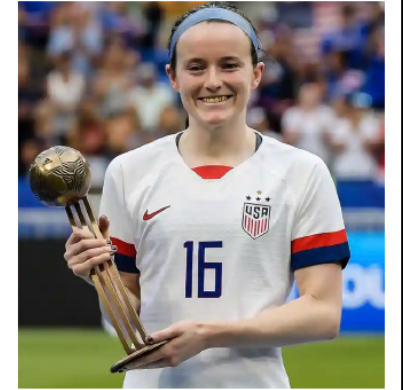
Is ODP for everyone?

- ODP, is designed to identify & develop young athletes with the ***potential*** to compete at higher levels, including ***national*** and ***international*** competitions.
- While it aims to be *inclusive*, the program is generally more suited for **athletes who show a high level of skill** and **commitment to their development and the game.**



OPPORTUNITY

"I did US Youth Soccer ODP for about seven years, and I always say that I think if I didn't do it, I would not be where I am at today. I think it helped me so much. When I went to Boca Raton for the interregional, that's where I got noticed. If I wasn't doing ODP, I probably wouldn't even be with the National Team at this point"

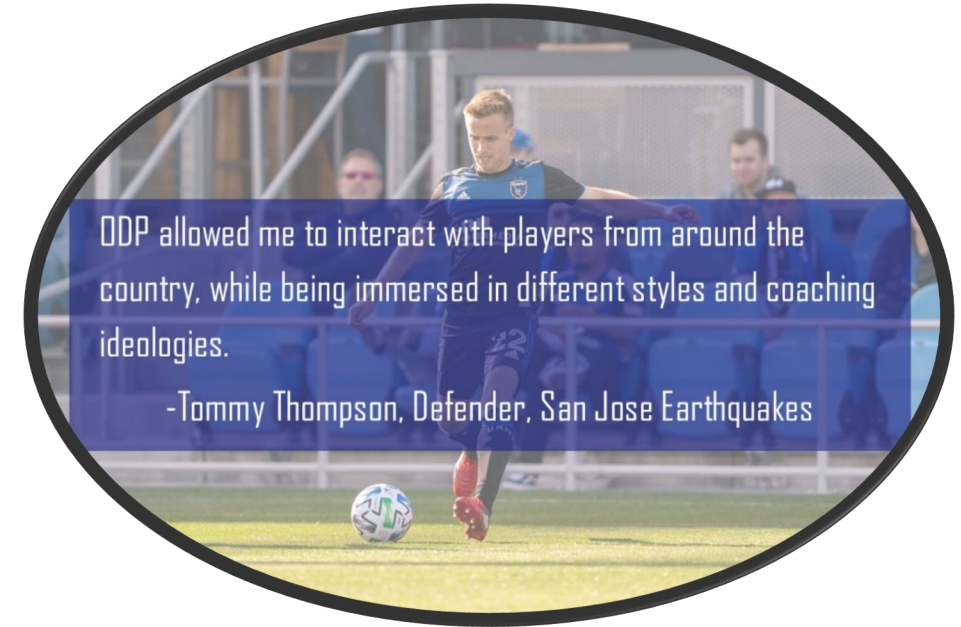


Rose Lavelle, U.S. Soccer Women's National Team



ODP allowed me to interact with players from around the country, while being immersed in different styles and coaching ideologies.

-Tommy Thompson, Defender, San Jose Earthquakes



ODP TALENT DEVELOPMENT / VISION

“Develop a **world-class** talent development plan and pathway that provides **every player** in Oklahoma with the opportunity to reach their **full potential**.”

“As many as **possible**, for as long as **possible**, in the best environment **possible**, to increase the likelihood of maximizing individual performance potential...”



Oklahoma ODP Developmental Plan



ODP Progression





System of Play 1-4-3-3



Playing System
1-4-3-3

- 3 Forwards
- 3 Midfielders
- 4 Backs
- 1 Goalkeeper

We will play a purposeful possession style with an emphasis on why, when & how to keep the ball.

We will look to be creative & dynamic in our attack and organized defensively.

Communication will be important in our program.

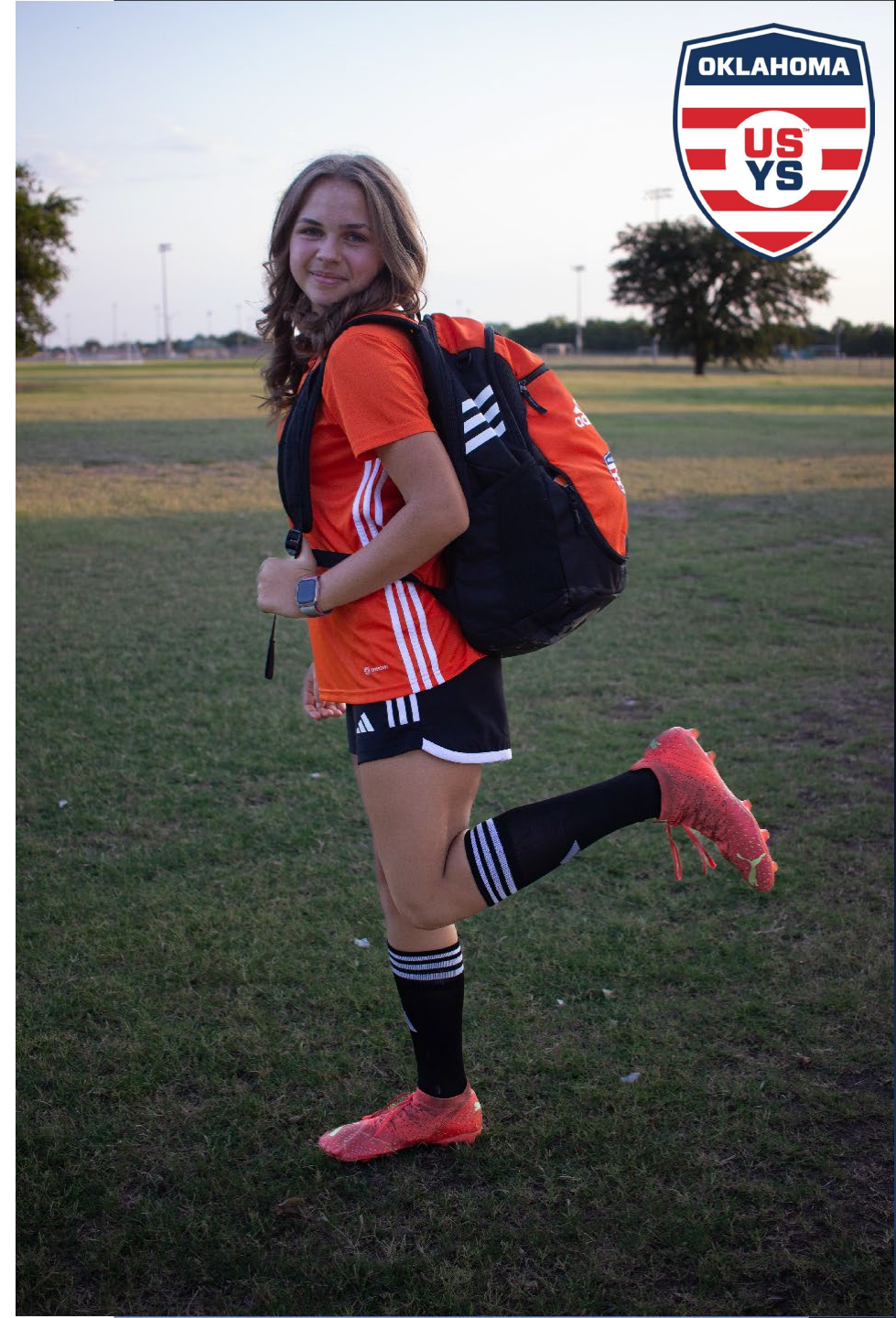
For the 11v11 game our formation will be a 1-4-3-3 with variations in a 1-4-2-3-1 or 1-4-1-2-3.

For the 9v9 game we will play 1-3-2-3

Oklahoma ODP Field Players

are evaluated on the following criteria...

- Initiative
- Game Awareness and Decision Making
- Focus
- Technical Skill
- Physical Ability
- Responsibility



Oklahoma ODP Goalkeepers

are evaluated on the following criteria...

- Game Awareness and Decision Making
- Focus
- Optimal Technical Ability
- Optimal Physical Ability



Key Qualities for:

2013/12 Players

- Open Body to the field
- Movement off the ball
- Move the Ball Quickly
- Switch the Point of Attack
- Recognize when to take People on 1v1



Key Qualities for:

2011/10 Players

- Team Shape
- Speed of Play
- Players recognize when to break lines (dribble or pass)
- Zonal Defending until in Defensive 1/3



Key Qualities for:



2010-08 Players

- Ability to read teammates and opponents
- Can Handle Adversity on the Field
- 1v1 decisions (offense and defense)
- Positioning Off the Ball



ODP Field Player

Training Objectives

- Team Shape
- Tactical Movement
- Decisions on the Ball
- Technical Development (minimal in-person - maximize **TECHNE**)



Oklahoma ODP Goalkeepers



are taught to.....



- Read the game to recognize situations quickly
- Makes appropriate decisions, under pressure.
- Manage the Game
- Organize their teammates both in & out of possession



Oklahoma ODP Goalkeepers

are coached to...

- Maintain focus for entirety of match/training
- Show Courage on the Field
- Play in a composed and stable manner
- Deal with Adversity in a positive manner





Oklahoma ODP Goalkeepers

are coached the technical skills needed to fulfill their three tasks

- Defending the Goals
- Defending Space
- Distributing the ball



Training Objectives

GAME MOMENT	Phase	TRAINING OBJECTIVE
In-Possession	Building up Phase	Improve the team's ability to create and exploit space to advance possession during the building phase
	Unbalancing Phase	Improve the team's ability to create and exploit space to advance possession to advance from middle to final third
	Finalization Phase	Improve the team's ability to create and exploit space to create goal-scoring opportunities in the final third of the field.
Out of Possession	Disrupt Build-up Phase	Improve the team's ability to deny and close space to disrupt the opposition and regain possession during the building phase
	Prevent Opposition Advancing	Improve the team's ability to deny and close space to prevent the opposition from advancing into the defensive third of the field.
	Protect the Goal	Improve the team's ability to deny and close space to prevent goal-scoring opportunities in the defensive third.



Time is valuable = Teach the Constants

THE CONSTANTS RECAP

IN POSSESSION CONSTANTS

Score goals: actions directly oriented towards the individual scoring a goal

Create goal-scoring opportunities: individual-to-team actions towards facilitating the opportunity to score

Exploit space: Actions to progress the ball forward - breaking lines or penetrating space with the ball or player actions off the ball

Create space: Actions to increase the distance from opposition player(s) - *creating time/space for oneself or teammates' involvement(s) with the ball*

TRANSITION (IN-OUT) CONSTANTS

Regain possession: Actions on/off the ball to win possession

OUT OF POSSESSION CONSTANTS

Prevent goals: actions directly connected to denying/blocking an opposing player from scoring a goal

Prevent goal scoring opportunities: actions to decrease the opponent's scoring opportunity and/or force opponent away from goal

Deny space: Actions to prevent opponent from progressing forward through eliminating/reducing vertical playable space

Close space: Actions to reduce the space/time available to the opposing player

TRANSITION (OUT-IN) CONSTANTS

Secure possession: Actions on/off the ball to protect or maintain possession of the ball.





ONE DAY OR DAY ONE. YOUR CHOICE.

2024-25 OKLAHOMA ODP KEY EVENTS

AUGUST 23-25

All ages

ID CAMP / TRYOUTS - MIDWEST CITY, OK

DECEMBER 6-8

2013-2009's

ODP SUB-REGIONAL - TULSA, OK

DECEMBER 6-8

2009-2008's

THE SPORTS SOURCE SHOWCASE - DALLAS, TX

JANUARY 3-6

All ages

ODP FAR WEST CHAMPIONSHIPS - MESA, ARIZONA

MARCH 14-22

All ages

ODP SPRING BREAK TRIP - BARCELONA, SPAIN

ODP SPRING BREAK CAMP - OKLAHOMA

MAY 30 - JUNE 1

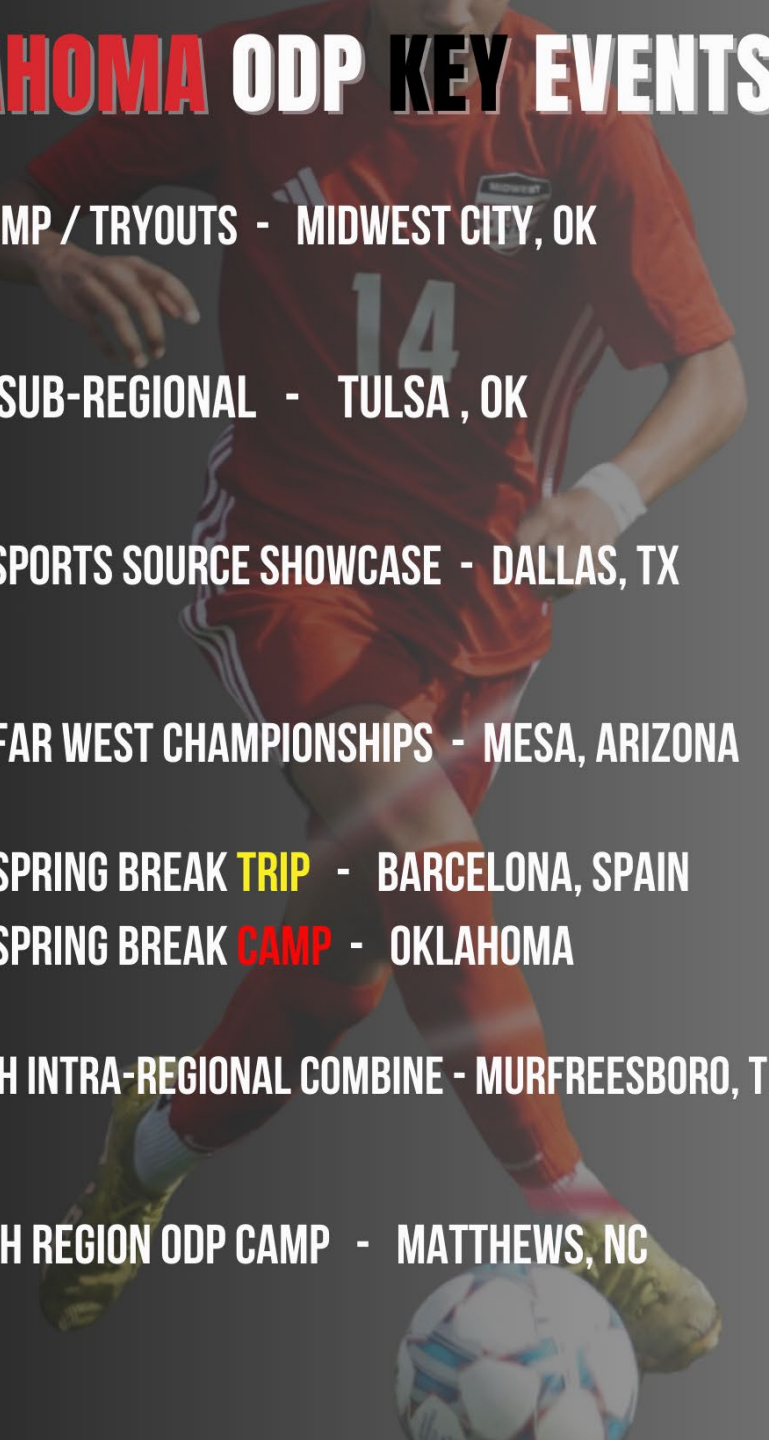
All ages

SOUTH INTRA-REGIONAL COMBINE - MURFREESBORO, TN

JULY 2025

All ages

SOUTH REGION ODP CAMP - MATTHEWS, NC



ID CAMP ODP

2024-2025 PLAYER IDENTIFICATIONS

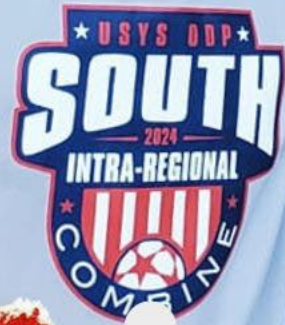
FRI-SUN
AUG 23-25



Midwest City, OK

2013-2008 GIRLS & BOYS

FRIDAY: EVENING
SATURDAY: MORNING
SATURDAY: EVENING
SUNDAY: MORNING





ODP Girls

GIRLS

check in opens (will remain open!!!)
 Speed & warm up session with Stark Performance starts (optional)
 Speed & warm up session with Stark Performance ends (optional)
 training session starts

 training session ends

FRIDAY

← 5:00 PM
 ← 5:30 PM
 ← 5:45 PM
 ← 6:00 PM
 6:45 PM →
 ← 7:15 PM
 7:15 PM →
 7:30 PM →
 7:45 PM →
 9:00 PM →



ODP Boys

BOYS

check in opens (will remain open!!!)

 Speed & warm up session with Stark Performance starts (optional)
 Speed & warm up session with Stark Performance ends (optional)
 training session starts
 training session ends

SATURDAY

GIRLS

arrive @ game field
 game starts
 game ends
 parent & player meeting starts
 parent & player meeting ends

 Speed & warm up session with Stark Performance starts (optional)
 Speed & warm up session with Stark Performance ends (optional)
 training session starts
 training session ends

← 9:30 AM →
 ← 10:00 AM →
 ← 11:30 AM →
 ← 11:45 AM →
 ← 12:15 PM →
 4:30 PM →
 4:45 PM →
 5:00 PM →
 6:30 PM →
 ← 6:30 PM
 ← 6:45 PM
 ← 7:00 PM
 ← 8:30 PM

BOYS

arrive @ game field
 game starts
 game ends
 parent & player meeting starts
 parent & player meeting ends
 Speed & warm up session with Stark Performance starts (optional)
 Speed & warm up session with Stark Performance ends (optional)
 training session starts
 training session ends

SUNDAY

GIRLS

arrive @ game field
 game starts
 game ends
 parent & player wrap-up

← 9:30 AM →
 ← 10:00 AM →
 ← 11:30 AM →
 ← 11:45 PM →

BOYS

arrive @ game field
 game starts
 game ends
 parent & player wrap-up







**THANK
YOU**

